



## DOMAIN Adolescent

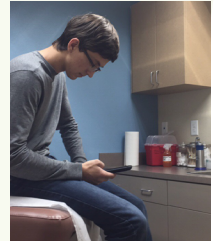
**Priority Four:** Adolescents and young adults have access to and utilize integrated, holistic, patient-centered care to support physical, social, and emotional health.

The Kansas MCH program offers adolescents health education on an array of topics (healthy relationships, teen pregnancy, tobacco use, safe driving, anxiety and depression); provides mental health supports through counseling, anti-bullying programs, and teen suicide prevention initiatives; and supports adolescents with college and career planning.

### What will success look like?

#### A higher percentage of...

- adolescents will have annual well visits.
- teens and young adults will be screened for mental health conditions by their primary care providers, and provided treatment and referrals when indicated.



### Brightspots

**78%**  
of adolescents had a preventive medical visit in the last year.<sup>1</sup>  
(age 12 to 17 years)

**The teen birth rate decreased significantly**  
from 14.6 in 2013 to 9.5 in 2017 (births per 1,000 teens, age 15 to 17 years).<sup>2</sup>

**Nine in 10 adolescents**  
received at last one dose of the Tdap vaccine.<sup>3</sup>  
(age 13 to 17 years)



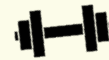
### Challenges

**The adolescent suicide rate increased**  
(per 100,000) from 13.2 in 2013 to 14.5 in 2017, and is trending up faster among females.<sup>4</sup>

**25%** of adolescents (age 12 to 17 years) are bullied.<sup>\*1</sup>

**16%** of adolescent girls (grades 9 to 12) experienced sexual dating violence.<sup>\*5</sup>

\*Kansas' numbers are higher than national statistics



**Eight in 10 adolescents**  
are not physically active 60 or more minutes a day. This is reflected in a high percentage (28%) of adolescents in grades 9 to 12 who are overweight or obese.<sup>5</sup>

### Spotlight on Disparity

**Well visits for adolescents**  
in the last year, age 12 to 17 years.<sup>1</sup>

**59%**  
Hispanic

**82%**  
White

1 National Survey of Children's Health (NSCH), 2016-2017 combined. Health Resources and Services Administration (HRSA).  
2 U.S. Census Bureau. Population Estimate, Bridged-Race Vintage data set; KDHE Bureau of Epidemiology and Public Health Informatics. Kansas birth data (resident)

3 National Immunization Survey (NIS). CDC.  
4 U.S. Census Bureau. Population Estimate, Bridged-Race Vintage data set; KDHE Bureau of Epidemiology and Public Health Informatics. Kansas death data (resident)  
5 Youth Risk Behavior Surveillance System (YRBSS). CDC.